

PROTECT YOUR FAMILY

As your family and younger children spend more time around groups of people, it's helpful to have a plan for different gatherings or locations. This can help children know what to expect.



START WITH A PLAN

Be consistent so that kids know what to expect in different situations and are more able to cooperate within a routine.

For families and caregivers with children who are not yet eligible for the COVID-19 vaccine, re-opening may raise questions on how to protect our kids who are still at risk of getting COVID-19.

Family Plan Examples:

- There is no need to wear masks indoors with vaccinated family members, but kids and adults will wear masks running errands at grocery stores, etc.
- There is no need to wear masks for outdoor playdates with friends, but masks are still required at busy, public playgrounds and for indoor playdates.

GET VACCINATED

Everyone ages 12 and older is eligible for COVID-19 vaccination. If you are eligible, get vaccinated and help protect others around you who are not eligible, including children under 12.

SOCIALIZE OUTSIDE

The risk of spreading COVID-19 is lower outside. When indoors, pay attention to the amount of fresh air entering the space. Circulation of air is crucial for preventing the spread of the virus.

CONTINUE WEARING MASKS



Masks are still an important way to protect children. All adults should continue wearing masks indoors and outdoors in schools and childcare settings. Also consider wearing them in other public, indoor settings when children are present in large numbers.

- **Continue modeling mask-wearing behavior.** Even if you and other family members are fully vaccinated you can show support for your children when you are all out together.
- **Explain why it's still important.** Share that things are getting better, but face masks will keep them and other unvaccinated people safe while we wait for a vaccine for everyone.

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Get Connected. Get Help.™

FOR MORE INFORMATION VISIT:

[MontereyCountyCovid19.com](https://www.MontereyCountyCovid19.com)

